



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Kirchner, Henning

Club: RTV Haselgrund e.V.
Number: 1477

Course: 16.20 km
Langdistanz

Category:
Männer M30

Total time: 1:36:44

Speed: 9.92 km/h
Running performance: 5:58 min/km

Rank in course/Total: 226 (of 263)

Rank in course/Men: 207 (of 231)

Best time in course: 59:27

Rank in category: 22(of 23)

Best time in the category: 1:01:11