



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Heinz, Alexander

Club: RAe Fick & Heinz
Number: 1100

Course: 16.20 km
Langdistanz

Category:
Männer M35

Total time: 1:39:41

Speed: 9.75 km/h
Running performance: 6:09 min/km

Rank in course/Total: 236 (of 263)

Rank in course/Men: 215 (of 231)

Best time in course: 59:27

Rank in category: 31(of 31)

Best time in the category: 1:07:07