



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Gräser, Bernadett

Club: FSV 1950 Gotha  
Number: 563

Course: 10.00 km  
Nordic Walking

Category:  
Frauen Nordic Walking

Total time: 1:16:16

Speed: 7.87 km/h  
Running performance: 7:38 min/km

Rank in course/Total: 8 (of 67)

Rank in course/Women: 3 (of 37)

Best time in course: 1:13:49

Rank in category: 3(of 37)

Best time in the category: 1:13:49