



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Trautman, Jörn**

Club: Laufen an der Apfelstädt  
Number: 1358

Course: 16.20 km  
Langdistanz

Category:  
Männer M50

Total time: 1:47:26

Speed: 8.94 km/h  
Running performance: 6:38 min/km

Rank in course/Total: 252 (of 263)

Rank in course/Men: 224 (of 231)

Best time in course: 59:27

Rank in category: 22(of 23)

Best time in the category: 1:12:19