



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Helm, Ute

Club: Crawinkel
Number: 521

Course: 10.00 km
Nordic Walking

Category:
Frauen Nordic Walking

Total time: 1:23:32

Speed: 7.18 km/h
Running performance: 8:21 min/km

Rank in course/Total: 21 (of 67)

Rank in course/Women: 7 (of 37)

Best time in course: 1:13:49

Rank in category: 7(of 37)

Best time in the category: 1:13:49