



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Kohlleppel, Frank**

Club: Weimar (Lahn)  
Number: 1309

Course: 16.20 km  
Langdistanz

Category:  
Männer M45

Total time: 1:57:09

Speed: 8.30 km/h  
Running performance: 7:14 min/km

Rank in course/Total: 261 (of 263)

Rank in course/Men: 230 (of 231)

Best time in course: 59:27

Rank in category: 59(of 59)

Best time in the category: 1:06:45