



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Van Nieuwenhoven, Liesbeth**

Club: TV 03 Breitenbach  
Number: 79

Course: 10.00 km  
Kurzdistanz

Category:  
Frauen W50

Total time: 45:22

Speed: 13.23 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 19 (of 207)

Rank in course/Women: 1 (of 63)

Best time in course: 45:22

Rank in category: 1(of 8)

Best time in the category: 45:22