



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Vater, Christian**

Club: LG Bärenfang Suhl  
Number: 1213

Course: 16.20 km  
Langdistanz

Category:  
Männer M30

Total time: 1:15:54

Speed: 12.81 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 36 (of 263)

Rank in course/Men: 35 (of 231)

Best time in course: 59:27

Rank in category: 6(of 23)

Best time in the category: 1:01:11