



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Bär, Rico

Club: TC Orca Halle e.V
Number: 1454

Course: 16.20 km
Langdistanz

Category:
Männer M45

Total time: 1:16:10

Speed: 12.60 km/h
Running performance: 4:42 min/km

Rank in course/Total: 39 (of 263)

Rank in course/Men: 38 (of 231)

Best time in course: 59:27

Rank in category: 6(of 59)

Best time in the category: 1:06:45