



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Schrader, Bernd

Club: PSV Meiningen

Number: 1114

Course: 16.20 km

Langdistanz

Category:

Männer M45

Total time: 1:06:45

Speed: 14.38 km/h

Running performance: 4:07 min/km

Rank in course/Total: 4 (of 263)

Rank in course/Men: 4 (of 231)

Best time in course: 59:27

Rank in category: 1(of 59)

Best time in the category: 1:06:45