



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Haberer, Jan

Club: BSG Wartburg-Sparkasse  
Number: 174

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M30

Total time: 46:31

Speed: 12.90 km/h  
Running performance: 4:39 min/km

Rank in course/Total: 22 (of 207)

Rank in course/Men: 21 (of 144)

Best time in course: 35:53

Rank in category: 3(of 11)

Best time in the category: 44:43