



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Enge, Uwe

Club: RSV 03 Ruhla
Number: 118

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 46:55

Speed: 12.79 km/h
Running performance: 4:41 min/km

Rank in course/Total: 25 (of 207)

Rank in course/Men: 24 (of 144)

Best time in course: 35:53

Rank in category: 5(of 25)

Best time in the category: 41:11