



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

Flachowsky, Gerhard

Club: Ruhla - Thal  
Number: 667

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M65

Total time: 47:36

Speed: 12.61 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 30 (of 207)

Rank in course/Men: 28 (of 144)

Best time in course: 35:53

Rank in category: 1(of 4)

Best time in the category: 47:36