



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Körber, Norbert**

Club: Gotha  
Number: 1310

Course: 16.20 km  
Langdistanz

Category:  
Männer M45

Total time: 1:17:41

Speed: 12.36 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 53 (of 263)

Rank in course/Men: 52 (of 231)

Best time in course: 59:27

Rank in category: 8(of 59)

Best time in the category: 1:06:45