



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Ernst, Marcel**

Club: SV 05 Friedrichroda  
Number: 101

Course: 10.00 km  
Kurzdistanz

Category:  
Männer M20

Total time: 47:43

Speed: 12.57 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 31 (of 207)

Rank in course/Men: 29 (of 144)

Best time in course: 35:53

Rank in category: 7(of 26)

Best time in the category: 35:53