



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Janssen, Guido

Club: TSV Weeze
Number: 1255

Course: 16.20 km
Langdistanz

Category:
Männer M40

Total time: 1:07:26

Speed: 14.24 km/h
Running performance: 4:10 min/km

Rank in course/Total: 6 (of 263)

Rank in course/Men: 6 (of 231)

Best time in course: 59:27

Rank in category: 2(of 48)

Best time in the category: 1:05:29