



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Schneider, Detlef**

Club: LG Friedrichroda  
Number: 1154

Course: 16.20 km  
Langdistanz

Category:  
Männer M50

Total time: 1:18:23

Speed: 12.40 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 58 (of 263)

Rank in course/Men: 57 (of 231)

Best time in course: 59:27

Rank in category: 8(of 23)

Best time in the category: 1:12:19