



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

Kaiser, Steffen

Club: TSV Vöhl
Number: 279

Course: 10.00 km
Kurzdistanz

Category:
Männer M45

Total time: 48:47

Speed: 12.30 km/h
Running performance: 4:53 min/km

Rank in course/Total: 36 (of 207)

Rank in course/Men: 34 (of 144)

Best time in course: 35:53

Rank in category: 7(of 25)

Best time in the category: 41:11