



## 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

### Detailed evaluation

Zimmermann, Ulrich

Club: Fitunlimited/S1 Suhl

Number: 156

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 52:03

Speed: 10.37 km/h

Running performance: 5:20 min/km

Rank in course/Total: 101 (of 150)

Rank in course/Men: 95 (of 128)

Best time in course: 32:24

Rank in category: 9(of 14)

Best time in the category: 39:41

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:53	5:11	10	4:49	104	6:40	3.25	16:53	5:11	9	4:49	94	6:40	
Lap 2	3.25	17:45	5:27	9	4:15	93	6:33	6.50	34:38	5:19	9	8:55	94	13:13	
Last lap Finish	3.25	17:25	5:21	9	3:42	92	6:26	9.75	52:03	5:20	9	12:22	97	29:17	