



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Klappich, Thomas

Club: BSG Postbank Köln

Number: 208

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 52:33

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 105 (of 150)

Rank in course/Men: 98 (of 128)

Best time in course: 32:24

Rank in category: 15(of 16)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:21	5:20	16	7:08	113	7:08	3.25	17:21	5:20	15	7:08	98	7:08
Lap 2	3.25	17:40	5:26	15	6:28	91	6:28	6.50	35:01	5:23	15	13:36	98	13:36
Last lap Finish	3.25	17:32	5:23	14	6:33	94	6:33	9.75	52:33	5:23	15	20:09	101	29:47