



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Scheffler, Klaus

Club: Triathlonverein Jena

Number: 167

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 53:18

Speed: 10.98 km/h

Running performance: 5:28 min/km

Rank in course/Total: 108 (of 150)

Rank in course/Men: 101 (of 128)

Best time in course: 32:24

Rank in category: 7(of 8)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:24	5:02	7	4:30	90	6:11	3.25	16:24	5:02	7	4:30	101	6:11
Lap 2	3.25	18:09	5:35	7	5:21	102	6:57	6.50	34:33	5:18	7	9:51	101	13:08
Last lap Finish	3.25	18:45	5:46	7	6:42	107	7:46	9.75	53:18	5:28	7	16:33	104	30:32