



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Kühhirt, Marco

Club: Team Evdinger Alkoholfrei

Number: 140

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 37:58

Speed: 14.22 km/h

Running performance: 3:53 min/km

Rank in course/Total: 11 (of 150)

Rank in course/Men: 11 (of 128)

Best time in course: 32:24

Rank in category: 1(of 24)

Best time in the category: 37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	11:55	3:39	2	0:46	11	1:42	3.25	11:55	3:39	13			11	1:42
Lap 2	3.25	13:02	4:00	2	0:02	13	1:50	6.50	24:57	3:50	13			11	3:32
Last lap Finish	3.25	13:01	4:00	2	1:24	11	2:02	9.75	37:58	3:53	2	15:12		12	15:12