



# 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

## Detailed evaluation

Hofmann, Wolfgang

Club: Wichtshausen

Number: 148

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 53:53

Speed: 10.02 km/h

Running performance: 5:32 min/km

Rank in course/Total: 110 (of 150)

Rank in course/Men: 103 (of 128)

Best time in course: 32:24

Rank in category: 10(of 14)

Best time in the category: 39:41

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:53	5:11	10	4:49	104	6:40	3.25	16:53	5:11	9	4:49	94	6:40
Lap 2	3.25	17:45	5:27	9	4:15	93	6:33	6.50	34:38	5:19	9	8:55	94	13:13
Last lap Finish	3.25	19:15	5:55	11	5:32	111	8:16	9.75	53:53	5:31	10	14:12	106	31:07