



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Schubert, Andrea

Club: Neustadt

Number: 193

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 55:16

Speed: 9.77 km/h

Running performance: 5:40 min/km

Rank in course/Total: 117 (of 150)

Rank in course/Women: 10 (of 22)

Best time in course: 40:02

Rank in category: 4(of 8)

Best time in the category: 46:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:18	5:19	4	2:46	9	4:55	3.25	17:18	5:19	4	2:46	14		
Lap 2	3.25	19:11	5:54	5	3:13	12	5:33	6.50	36:29	5:36	4	5:59	14		
Last lap Finish	3.25	18:47	5:46	4	2:19	10	4:46	9.75	55:16	5:40	4	8:18	10	15:14	