



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Blochberger, Manfred

Club: TSV Gahma

Number: 162

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 55:31

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 121 (of 150)

Rank in course/Men: 110 (of 128)

Best time in course: 32:24

Rank in category: 8(of 8)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:18	5:19	8	5:24	110	7:05	3.25	17:18	5:19	8	5:24	93	7:05	
Lap 2	3.25	19:14	5:55	8	6:26	112	8:02	6.50	36:32	5:37	8	11:50	110	15:07	
Last lap Finish	3.25	18:59	5:50	8	6:56	109	8:00	9.75	55:31	5:41	8	18:46	113	32:45	