



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Güntzel, Wieland

Club: SC Mauerloch

Number: 147

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 56:28

Speed: 9.56 km/h

Running performance: 5:47 min/km

Rank in course/Total: 124 (of 150)

Rank in course/Men: 113 (of 128)

Best time in course: 32:24

Rank in category: 12(of 14)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:05	5:52	14	7:01	122	8:52	3.25	19:05	5:52	12	7:01	113	8:52
Lap 2	3.25	19:04	5:51	12	5:34	109	7:52	6.50	38:09	5:52	12	12:26	113	16:44
Last lap Finish	3.25	18:19	5:38	10	4:36	101	7:20	9.75	56:28	5:47	12	16:47	116	33:42