



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Löffler, Steffen

Total time: 57:00

Club: TSV Germania 1887 e.V. Neustadt an der Orla
Number: 265

Speed: 10.26 km/h

Running performance: 5:51 min/km

Course: 9.75 km

Rank in course/Total: 127 (of 150)

10 km Lauf

Rank in course/Men: 114 (of 128)

Best time in course: 32:24

Category:

Rank in category: 14(of 15)

Männer M40

Best time in the category: 34:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	17:44	5:27	14	6:35	117	7:31	3.25	17:44	5:27	14	6:35	114	7:31
Lap 2	3.25	19:33	6:00	14	7:59	115	8:21	6.50	37:17	5:44	14	14:34	114	15:52
Last lap Finish	3.25	19:43	6:03	14	8:19	113	8:44	9.75	57:00	5:50	15	22:53	117	34:14