



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Manzoni, Anne Marie

Club: B VW N

Number: 197

Course: 9.75 km

10 km Lauf

Category:

Frauen W50

Total time: 59:33

Speed: 9.07 km/h

Running performance: 6:07 min/km

Rank in course/Total: 133 (of 150)

Rank in course/Women: 16 (of 22)

Best time in course: 40:02

Rank in category: 1(of 1)

Best time in the category: 59:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:43	5:45	1	-	16	6:20	3.25	18:43	5:45	1	-	8	0:23
Lap 2	3.25	20:02	6:09	1	-	16	6:24	6.50	38:45	5:57	1	-	8	1:23
Last lap Finish	3.25	20:48	6:24	1	-	16	6:47	9.75	59:33	6:06	1	-	16	19:31