



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Klesse, Enrico

Club: Koblenz

Number: 224

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 1:08:10

Speed: 8.58 km/h

Running performance: 6:59 min/km

Rank in course/Total: 144 (of 150)

Rank in course/Men: 124 (of 128)

Best time in course: 32:24

Rank in category: 17(of 18)

Best time in the category: 37:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:28	6:17	18	8:46	127	10:15	3.25	20:28	6:17	3	5:07	125	10:15
Lap 2	3.25	23:09	7:07	18	10:26	125	11:57	6.50	43:37	6:42	3	12:41	124	22:12
Last lap Finish	3.25	24:33	7:33	18	12:06	127	13:34	9.75	1:08:10	6:59	18	30:39	127	45:24