



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Schöttner, Martina

Club: Team Erdinger Alkoholfrei

Number: 194

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 1:17:14

Speed: 6.99 km/h

Running performance: 7:55 min/km

Rank in course/Total: 147 (of 150)

Rank in course/Women: 22 (of 22)

Best time in course: 40:02

Rank in category: 8(of 8)

Best time in the category: 46:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	24:03	7:24	8	9:31	22	11:40	3.25	24:03	7:24	8	9:31	2	5:43
Lap 2	3.25	27:41	8:31	8	11:43	22	14:03	6.50	51:44	7:57	8	21:14	2	14:22
Last lap Finish	3.25	25:30	7:50	8	9:02	22	11:29	9.75	1:17:14	7:55	8	30:16	22	37:12