



# 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

## Detailed evaluation

**Diehl, Marco**

Club: Butzbach

Number: 19

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 2:43:30

Speed: 15.41 km/h

Running performance: 3:52 min/km

Rank in course/Total: 1 (of 86)

Rank in course/Men: 1 (of 74)

Best time in course: 2:43:30

Rank in category: 1(of 16)

Best time in the category: 2:43:30

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	11:25	3:30	1	-	1	-	3.25	11:25	3:30	2	-	56		
Lap 2	3.25	12:05	3:43	1	-	1	-	6.50	23:30	3:36	2	-	56		
Lap 3	3.25	12:14	3:45	1	-	1	-	9.75	35:44	3:39	1	-	15		
Lap 4	3.25	12:31	3:51	1	-	1	-	13.00	48:15	3:42	1	-	37		
Lap 5	3.25	12:37	3:52	1	-	1	-	16.25	1:00:52	3:44	15	-	72		
Lap 6	3.25	12:40	3:53	1	-	1	-	19.50	1:13:32	3:46	1	-	14		
Lap 7	3.25	12:43	3:54	1	-	1	-	22.75	1:26:15	3:47	1	-	15		
Lap 8	3.25	12:53	3:57	1	-	1	-	26.00	1:39:08	3:48	1	-	38		
Lap 9	3.25	12:36	3:52	1	-	1	-	29.25	1:51:44	3:49	1	-	18		
Lap 10	3.25	12:46	3:55	1	-	1	-	32.50	2:04:30	3:49	1	-	18		
Lap 11	3.25	13:01	4:00	1	-	1	-	35.75	2:17:31	3:50	1	-	64		
Lap 12	3.25	13:04	4:01	1	-	1	-	39.00	2:30:35	3:51	1	-	35		
Last lap Finish	3.25	12:55	3:58	1	-	1	-	42.25	2:43:30	3:52	2	1:48:50	2	1:48:50	