



## 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

### Detailed evaluation

Schulz, Sören

Club: LTV Erfurt

Number: 232

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 39:09

Speed: 13.79 km/h

Running performance: 4:01 min/km

Rank in course/Total: 16 (of 150)

Rank in course/Men: 16 (of 128)

Best time in course: 32:24

Rank in category: 3(of 18)

Best time in the category: 37:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	11:42	3:35	1	-	6	1:29	3.25	11:42	3:35	17		16	1:29	
Lap 2	3.25	13:35	4:10	3	0:52	18	2:23	6.50	25:17	3:53	17		16	3:52	
Last lap Finish	3.25	13:52	4:15	3	1:25	22	2:53	9.75	39:09	4:00	3	1:38	17	16:23	