



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Wenzel, Christoph

Club: Feuerwehr Hünfeld

Number: 215

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 39:10

Speed: 13.79 km/h

Running performance: 4:01 min/km

Rank in course/Total: 17 (of 150)

Rank in course/Men: 17 (of 128)

Best time in course: 32:24

Rank in category: 7(of 16)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:13	3:45	7	2:00	17	2:00	3.25	12:13	3:45	7	2:00	17	2:00
Lap 2	3.25	13:21	4:06	7	2:09	15	2:09	6.50	25:34	3:55	7	4:09	17	4:09
Last lap Finish	3.25	13:36	4:11	7	2:37	16	2:37	9.75	39:10	4:01	7	6:46	18	16:24