



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Pirl, Stephan

Club: Obernburg

Number: 5

Course: 42.25 km

Marathon

Category:

Männer M30

Total time: 3:23:33

Speed: 12.38 km/h

Running performance: 4:49 min/km

Rank in course/Total: 12 (of 86)

Rank in course/Men: 12 (of 74)

Best time in course: 2:43:30

Rank in category: 3(of 7)

Best time in the category: 3:18:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:24	4:07	1	-	3	1:59	3.25	13:24	4:07	3		45	
Lap 2	3.25	13:44	4:13	1	-	3	1:39	6.50	27:08	4:10	3		45	
Lap 3	3.25	14:13	4:22	2	0:11	5	1:59	9.75	41:21	4:14	3		41	
Lap 4	3.25	14:38	4:30	2	0:16	6	2:07	13.00	55:59	4:18	3	0:13	44	
Lap 5	3.25	15:01	4:37	2	0:40	8	2:24	16.25	1:11:00	4:22	3	0:53	46	
Lap 6	3.25	15:24	4:44	4	0:47	14	2:44	19.50	1:26:24	4:25	3	1:40	45	
Lap 7	3.25	15:35	4:47	2	0:53	13	2:52	22.75	1:41:59	4:28	3	2:33	43	
Lap 8	3.25	15:44	4:50	3	0:53	13	2:51	26.00	1:57:43	4:31	2	3:26	44	
Lap 9	3.25	16:30	5:04	4	1:26	16	3:54	29.25	2:14:13	4:35	3	4:29	43	
Lap 10	3.25	16:04	4:56	2	1:23	11	3:18	32.50	2:30:17	4:37	3	4:04	45	
Lap 11	3.25	17:00	5:13	3	1:46	13	3:59	35.75	2:47:17	4:40	3	4:08	44	
Lap 12	3.25	18:01	5:32	4	3:46	19	4:57	39.00	3:05:18	4:45	1	-	41	
Last lap Finish	3.25	18:15	5:36	3	4:23	24	5:20	42.25	3:23:33	4:49	3	5:08	13	2:28:53