



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Löppen, Reinhard

Club: Schwarzhausen

Number: 150

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 39:41

Speed: 14.74 km/h

Running performance: 4:04 min/km

Rank in course/Total: 18 (of 150)

Rank in course/Men: 18 (of 128)

Best time in course: 32:24

Rank in category: 1(of 14)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 12:04 | 3:42 | 1 | - | 14 | 1:51 | 3.25 | 12:04 | 3:42 | 1 | - | 10 | 1:51 | |
| Lap 2 | 3.25 | 13:39 | 4:12 | 2 | 0:09 | 20 | 2:27 | 6.50 | 25:43 | 3:57 | 1 | - | 18 | 4:18 | |
| Last lap Finish | 3.25 | 13:58 | 4:17 | 2 | 0:15 | 26 | 2:59 | 9.75 | 39:41 | 4:04 | 1 | - | 19 | 16:55 | |