



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Löppen, Reinhard

Club: Schwarzhausen

Number: 150

Course: 9.75 km

10 km Lauf

Category:

Männer M50

Total time: 39:41

Speed: 13.61 km/h

Running performance: 4:04 min/km

Rank in course/Total: 18 (of 150)

Rank in course/Men: 18 (of 128)

Best time in course: 32:24

Rank in category: 1(of 14)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	12:04	3:42	1	-	14	1:51	3.25	12:04	3:42	1	-	10	1:51	
Lap 2	3.25	13:39	4:12	2	0:09	20	2:27	6.50	25:43	3:57	1	-	18	4:18	
Last lap Finish	3.25	13:58	4:17	2	0:15	26	2:59	9.75	39:41	4:04	1	-	19	16:55	