



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Becker, Lars

Club: SG Glücksbrunn Schweina
Number: 35

Course: 42.25 km
Marathon

Category:
Männer M45

Total time: 3:42:26

Speed: 11.33 km/h
Running performance: 5:16 min/km

Rank in course/Total: 24 (of 86)

Rank in course/Men: 23 (of 74)

Best time in course: 2:43:30

Rank in category: 7(of 20)

Best time in the category: 3:14:03

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:30	4:46	8	1:59	27	4:05	3.25	15:30	4:46	15	0:10	71	
Lap 2	3.25	16:33	5:05	8	2:37	31	4:28	6.50	32:03	4:55	14		58	
Lap 3	3.25	16:43	5:08	8	2:43	30	4:29	9.75	48:46	5:00	12		16	
Lap 4	3.25	16:41	5:08	8	2:22	31	4:10	13.00	1:05:27	5:02	12	9:41	50	
Lap 5	3.25	17:19	5:19	8	2:58	35	4:42	16.25	1:22:46	5:05	15		69	
Lap 6	3.25	16:47	5:09	6	2:30	26	4:07	19.50	1:39:33	5:06	12	8:52	60	
Lap 7	3.25	17:13	5:17	7	2:31	30	4:30	22.75	1:56:46	5:07	14	10:32	62	1:10
Lap 8	3.25	17:18	5:19	7	2:26	26	4:25	26.00	2:14:04	5:09	15		62	
Lap 9	3.25	17:40	5:26	7	2:37	24	5:04	29.25	2:31:44	5:11	13		66	
Lap 10	3.25	17:54	5:30	6	2:16	22	5:08	32.50	2:49:38	5:13	15		69	
Lap 11	3.25	17:52	5:29	5	1:51	19	4:51	35.75	3:07:30	5:14	14		69	
Lap 12	3.25	17:59	5:31	5	1:29	17	4:55	39.00	3:25:29	5:16	13		50	
Last lap Finish	3.25	16:57	5:12	5	1:57	14	4:02	42.25	3:42:26	5:15	7	28:23	24	2:47:46