



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Klein, Hajo

Club: Multisport Darmstadt

Number: 26

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:48:28

Speed: 11.03 km/h

Running performance: 5:25 min/km

Rank in course/Total: 30 (of 86)

Rank in course/Men: 29 (of 74)

Best time in course: 2:43:30

Rank in category: 7(of 16)

Best time in the category: 2:43:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind		
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:22	5:20	12	5:57	48	5:57	3.25	17:22	5:20	8	0:50	16		
Lap 2	3.25	17:13	5:17	10	5:08	38	5:08	6.50	34:35	5:19	8		57		
Lap 3	3.25	16:19	5:01	6	4:05	24	4:05	9.75	50:54	5:13	7	15:10	57		
Lap 4	3.25	16:15	5:00	5	3:44	22	3:44	13.00	1:07:09	5:09	15	18:54	70		
Lap 5	3.25	16:44	5:08	7	4:07	27	4:07	16.25	1:23:53	5:09	6	10:45	63		
Lap 6	3.25	16:59	5:13	8	4:19	31	4:19	19.50	1:40:52	5:10	7	27:20	54		
Lap 7	3.25	17:05	5:15	7	4:22	25	4:22	22.75	1:57:57	5:11	13	31:42	64	2:21	
Lap 8	3.25	17:35	5:24	7	4:42	28	4:42	26.00	2:15:32	5:12	5	36:24	58		
Lap 9	3.25	17:54	5:30	7	5:18	27	5:18	29.25	2:33:26	5:14	6	41:42	56		
Lap 10	3.25	18:31	5:41	7	5:45	28	5:45	32.50	2:51:57	5:17	7	47:27	56		
Lap 11	3.25	18:43	5:45	7	5:42	26	5:42	35.75	3:10:40	5:19	6	53:09	55		
Lap 12	3.25	18:36	5:43	7	5:32	25	5:32	39.00	3:29:16	5:21	7	58:41	57		
Last lap Finish	3.25	19:12	5:54	8	6:17	30	6:17	42.25	3:48:28	5:24	8	2:53:48	29	2:53:48	