



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Vater, Georg

Club: LG Bärenfang Suhl

Number: 101

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:50:11

Speed: 10.95 km/h

Running performance: 5:27 min/km

Rank in course/Total: 32 (of 86)

Rank in course/Men: 30 (of 74)

Best time in course: 2:43:30

Rank in category: 8(of 16)

Best time in the category: 2:43:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:00	4:55	8	4:35	34	4:35	3.25	16:00	4:55	9		64	
Lap 2	3.25	16:49	5:10	8	4:44	34	4:44	6.50	32:49	5:02	9		64	
Lap 3	3.25	16:22	5:02	7	4:08	27	4:08	9.75	49:11	5:02	8	13:27	56	
Lap 4	3.25	16:15	5:00	5	3:44	22	3:44	13.00	1:05:26	5:01	4	17:11	54	
Lap 5	3.25	16:11	4:58	6	3:34	20	3:34	16.25	1:21:37	5:01	7	8:29	62	
Lap 6	3.25	15:49	4:51	5	3:09	17	3:09	19.50	1:37:26	4:59	8	23:54	53	
Lap 7	3.25	16:19	5:01	5	3:36	18	3:36	22.75	1:53:45	5:00	7	27:30	58	
Lap 8	3.25	17:49	5:28	9	4:56	32	4:56	26.00	2:11:34	5:03	6	32:26	61	
Lap 9	3.25	18:34	5:42	10	5:58	36	5:58	29.25	2:30:08	5:07	7	38:24	59	
Lap 10	3.25	18:43	5:45	8	5:57	30	5:57	32.50	2:48:51	5:11	8	44:21	62	
Lap 11	3.25	20:32	6:19	12	7:31	46	7:31	35.75	3:09:23	5:17	7	51:52	62	
Lap 12	3.25	20:17	6:14	10	7:13	39	7:13	39.00	3:29:40	5:22	8	59:05	56	
Last lap Finish	3.25	20:31	6:18	11	7:36	42	7:36	42.25	3:50:11	5:26	9	2:55:31	31	2:55:31