



# 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

## Detailed evaluation

**Böse, Hubert**

Club: GMRV

Number: 73

Course: 42.25 km

Marathon

Category:

Männer M55

Total time: 3:52:25

Speed: 10.91 km/h

Running performance: 5:30 min/km

Rank in course/Total: 36 (of 86)

Rank in course/Men: 33 (of 74)

Best time in course: 2:43:30

Rank in category: 2(of 7)

Best time in the category: 3:23:06

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind		
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:14	4:59	3	2:37	35	4:49	3.25	16:14	4:59	2	2:37	61		
Lap 2	3.25	16:17	5:00	2	1:47	25	4:12	6.50	32:31	5:00	2	4:24	61		
Lap 3	3.25	17:13	5:17	2	2:34	36	4:59	9.75	49:44	5:06	2	6:58	53		
Lap 4	3.25	16:33	5:05	2	1:35	30	4:02	13.00	1:06:17	5:05	2	8:33	53		
Lap 5	3.25	16:28	5:03	2	1:08	23	3:51	16.25	1:22:45	5:05	2	9:41	59		
Lap 6	3.25	16:33	5:05	2	1:30	24	3:53	19.50	1:39:18	5:05	2	11:11	47		
Lap 7	3.25	17:17	5:19	2	2:08	32	4:34	22.75	1:56:35	5:07	2	13:19	55	0:59	
Lap 8	3.25	17:59	5:31	2	2:22	35	5:06	26.00	2:14:34	5:10	1	-	64		
Lap 9	3.25	18:52	5:48	2	2:55	40	6:16	29.25	2:33:26	5:14	2	18:36	56		
Lap 10	3.25	18:47	5:46	2	2:20	32	6:01	32.50	2:52:13	5:17	2	20:56	59		
Lap 11	3.25	20:10	6:12	3	3:06	41	7:09	35.75	3:12:23	5:22	2	24:02	59		
Lap 12	3.25	19:48	6:05	3	1:58	37	6:44	39.00	3:32:11	5:26	1	-	34		
Last lap Finish	3.25	20:14	6:13	3	3:19	40	7:19	42.25	3:52:25	5:30	2	29:19	34	2:57:45	