



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Weinknecht, Axel

Club: LG Mauerweg

Number: 32

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:54:03

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 37 (of 86)

Rank in course/Men: 34 (of 74)

Best time in course: 2:43:30

Rank in category: 9(of 16)

Best time in the category: 2:43:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:32	5:05	9	5:07	36	5:07	3.25	16:32	5:05	1	-	60	
Lap 2	3.25	17:04	5:15	9	4:59	36	4:59	6.50	33:36	5:10	10		60	
Lap 3	3.25	17:06	5:15	9	4:52	34	4:52	9.75	50:42	5:12	9	14:58	37	
Lap 4	3.25	16:58	5:13	10	4:27	36	4:27	13.00	1:07:40	5:12	5	19:25	52	
Lap 5	3.25	17:14	5:18	9	4:37	33	4:37	16.25	1:24:54	5:13	8	11:46	58	
Lap 6	3.25	17:15	5:18	9	4:35	34	4:35	19.50	1:42:09	5:14	9	28:37	17	
Lap 7	3.25	17:32	5:23	10	4:49	36	4:49	22.75	1:59:41	5:15	8	33:26	63	4:05
Lap 8	3.25	17:44	5:27	8	4:51	30	4:51	26.00	2:17:25	5:17	7	38:17	59	
Lap 9	3.25	18:29	5:41	9	5:53	34	5:53	29.25	2:35:54	5:19	8	44:10	55	
Lap 10	3.25	19:13	5:54	10	6:27	37	6:27	32.50	2:55:07	5:23	9	50:37	58	
Lap 11	3.25	19:58	6:08	10	6:57	39	6:57	35.75	3:15:05	5:27	8	57:34	58	
Lap 12	3.25	19:46	6:04	9	6:42	35	6:42	39.00	3:34:51	5:30	9	1:04:16	51	
Last lap Finish	3.25	19:12	5:54	8	6:17	30	6:17	42.25	3:54:03	5:32	10	2:59:23	35	2:59:23