



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Fischer, André

Club: LSV Lok Arnstadt

Number: 206

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 33:18

Speed: 16.22 km/h

Running performance: 3:25 min/km

Rank in course/Total: 2 (of 150)

Rank in course/Men: 2 (of 128)

Best time in course: 32:24

Rank in category: 2(of 16)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	10:32	3:14	2	0:19	2	0:19	3.25	10:32	3:14	2	0:19	2	0:19
Lap 2	3.25	11:26	3:31	2	0:14	2	0:14	6.50	21:58	3:22	2	0:33	2	0:33
Last lap Finish	3.25	11:20	3:29	2	0:21	2	0:21	9.75	33:18	3:24	2	0:54	3	10:32