



# 4. Merkerser Kristallmarathon

Merkers / 28.02.2010

## Detailed evaluation

**Tschernig, Bettina**

Club: SV 1899 Mühlhausen

Number: 187

Course: 9.75 km

10 km Lauf

Category:

Frauen W40

Total time: 40:02

Speed: 14.61 km/h

Running performance: 4:07 min/km

Rank in course/Total: 20 (of 150)

Rank in course/Women: 1 (of 22)

Best time in course: 40:02

Rank in category: 1(of 7)

Best time in the category: 40:02

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	12:23	3:48	1	-	1	-	3.25	12:23	3:48	1	-	12	
Lap 2	3.25	13:38	4:11	1	-	1	-	6.50	26:01	4:00	1	-	12	
Last lap Finish	3.25	14:01	4:18	1	-	1	-	9.75	40:02	4:06	1	-	1	-