



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Müller, Antje

Club: SV Eula

Number: 91

Course: 42.25 km

Marathon

Category:

Frauen W40

Total time: 4:11:25

Speed: 10.02 km/h

Running performance: 5:57 min/km

Rank in course/Total: 49 (of 86)

Rank in course/Women: 4 (of 12)

Best time in course: 3:24:35

Rank in category: 2(of 5)

Best time in the category: 3:24:35

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	15:58	4:54	2	1:15	2	1:15	3.25	15:58	4:54	2	1:15	4	1:15	
Lap 2	3.25	17:14	5:18	2	2:21	4	2:21	6.50	33:12	5:06	2	3:36	4	3:36	
Lap 3	3.25	17:57	5:31	2	2:50	4	2:50	9.75	51:09	5:14	2	6:26	4	6:26	
Lap 4	3.25	18:28	5:40	3	3:11	5	3:11	13.00	1:09:37	5:21	1	-	2		
Lap 5	3.25	18:32	5:42	3	3:14	5	3:14	16.25	1:28:09	5:25	2	12:51	4	12:51	
Lap 6	3.25	19:01	5:51	2	3:46	5	3:46	19.50	1:47:10	5:29	2	16:37	4	16:37	
Lap 7	3.25	19:33	6:00	2	3:38	5	3:38	22.75	2:06:43	5:34	2	20:15	4	20:15	
Lap 8	3.25	19:44	6:04	2	3:59	5	3:59	26.00	2:26:27	5:37	1	-	3	10:11	
Lap 9	3.25	20:22	6:15	3	4:24	6	4:24	29.25	2:46:49	5:42	2	28:38	4	28:38	
Lap 10	3.25	20:21	6:15	3	3:57	5	3:57	32.50	3:07:10	5:45	5	32:35	12	32:35	
Lap 11	3.25	21:24	6:35	3	4:41	6	4:41	35.75	3:28:34	5:50	2	37:16	4	37:16	
Lap 12	3.25	21:30	6:36	3	4:41	8	4:41	39.00	3:50:04	5:53	1	-	3	20:21	
Last lap Finish	3.25	21:21	6:34	3	4:53	7	4:53	42.25	4:11:25	5:57	2	46:50	4	46:50	