



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Müller, Seamus

Club: SV Eula

Number: 420

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend B

Total time: 40:47

Speed: 14.34 km/h

Running performance: 4:11 min/km

Rank in course/Total: 23 (of 150)

Rank in course/Men: 22 (of 128)

Best time in course: 32:24

Rank in category: 1(of 2)

Best time in the category: 40:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:53	3:57	1	-	24	2:40	3.25	12:53	3:57	1	-	22	2:40
Lap 2	3.25	14:06	4:20	1	-	23	2:54	6.50	26:59	4:09	1	-	22	5:34
Last lap Finish	3.25	13:48	4:14	1	-	21	2:49	9.75	40:47	4:10	1	-	23	18:01