



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Ostertag, Eberhard

Club: Marathon 4 You

Number: 80

Course: 42.25 km

Marathon

Category:

Männer M60

Total time: 5:07:42

Speed: 8.24 km/h

Running performance: 7:17 min/km

Rank in course/Total: 81 (of 86)

Rank in course/Men: 69 (of 74)

Best time in course: 2:43:30

Rank in category: 1(of 2)

Best time in the category: 5:07:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	21:34	6:38	2	0:18	74	10:09	3.25	21:34	6:38	1	-	25	3:19
Lap 2	3.25	21:17	6:32	1	-	73	9:12	6.50	42:51	6:35	1	-	25	5:07
Lap 3	3.25	21:53	6:44	1	-	71	9:39	9.75	1:04:44	6:38	1	-	23	10:18
Lap 4	3.25	22:15	6:50	1	-	72	9:44	13.00	1:26:59	6:41	1	-	24	9:38
Lap 5	3.25	21:46	6:41	1	-	72	9:09	16.25	1:48:45	6:41	1	-	25	11:12
Lap 6	3.25	23:06	7:06	1	-	71	10:26	19.50	2:11:51	6:45	1	-	31	24:40
Lap 7	3.25	23:16	7:09	1	-	69	10:33	22.75	2:35:07	6:49	1	-	29	39:31
Lap 8	3.25	23:24	7:11	1	-	66	10:31	26.00	2:58:31	6:51	1	-	23	21:05
Lap 9	3.25	23:53	7:20	1	-	67	11:17	29.25	3:22:24	6:55	1	-	24	39:16
Lap 10	3.25	24:56	7:40	1	-	68	12:10	32.50	3:47:20	6:59	1	-	24	50:12
Lap 11	3.25	27:14	8:22	1	-	69	14:13	35.75	4:14:34	7:07	1	-	24	37:31
Lap 12	3.25	26:14	8:04	1	-	69	13:10	39.00	4:40:48	7:12	1	-	30	55:33
Last lap Finish	3.25	26:54	8:16	1	-	73	13:59	42.25	5:07:42	7:16	1	-	70	4:13:02