



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Ostertag, Eberhard

Club: Marathon 4 You

Number: 80

Course: 42.25 km

Marathon

Category:

Männer M60

Total time: 5:07:42

Speed: 8.19 km/h

Running performance: 7:17 min/km

Rank in course/Total: 81 (of 86)

Rank in course/Men: 69 (of 74)

Best time in course: 2:43:30

Rank in category: 1(of 2)

Best time in the category: 5:07:42

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 21:34 | 6:38 | 2 | 0:18 | 74 | 10:09 | 3.25 | 21:34 | 6:38 | 1 | - | 25 | 3:19 |
| Lap 2 | 3.25 | 21:17 | 6:32 | 1 | - | 73 | 9:12 | 6.50 | 42:51 | 6:35 | 1 | - | 25 | 5:07 |
| Lap 3 | 3.25 | 21:53 | 6:44 | 1 | - | 71 | 9:39 | 9.75 | 1:04:44 | 6:38 | 1 | - | 23 | 10:18 |
| Lap 4 | 3.25 | 22:15 | 6:50 | 1 | - | 72 | 9:44 | 13.00 | 1:26:59 | 6:41 | 1 | - | 24 | 9:38 |
| Lap 5 | 3.25 | 21:46 | 6:41 | 1 | - | 72 | 9:09 | 16.25 | 1:48:45 | 6:41 | 1 | - | 25 | 11:12 |
| Lap 6 | 3.25 | 23:06 | 7:06 | 1 | - | 71 | 10:26 | 19.50 | 2:11:51 | 6:45 | 1 | - | 31 | 24:40 |
| Lap 7 | 3.25 | 23:16 | 7:09 | 1 | - | 69 | 10:33 | 22.75 | 2:35:07 | 6:49 | 1 | - | 29 | 39:31 |
| Lap 8 | 3.25 | 23:24 | 7:11 | 1 | - | 66 | 10:31 | 26.00 | 2:58:31 | 6:51 | 1 | - | 23 | 21:05 |
| Lap 9 | 3.25 | 23:53 | 7:20 | 1 | - | 67 | 11:17 | 29.25 | 3:22:24 | 6:55 | 1 | - | 24 | 39:16 |
| Lap 10 | 3.25 | 24:56 | 7:40 | 1 | - | 68 | 12:10 | 32.50 | 3:47:20 | 6:59 | 1 | - | 24 | 50:12 |
| Lap 11 | 3.25 | 27:14 | 8:22 | 1 | - | 69 | 14:13 | 35.75 | 4:14:34 | 7:07 | 1 | - | 24 | 37:31 |
| Lap 12 | 3.25 | 26:14 | 8:04 | 1 | - | 69 | 13:10 | 39.00 | 4:40:48 | 7:12 | 1 | - | 30 | 55:33 |
| Last lap Finish | 3.25 | 26:54 | 8:16 | 1 | - | 73 | 13:59 | 42.25 | 5:07:42 | 7:16 | 1 | - | 70 | 4:13:02 |