



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Albertsen, Martin

Total time: 41:23

Club: Lunderskov & Omegn Ekstremsport - Seest Frøstied: 14.14 km/h
Number: 235 Running performance: 4:14 min/km

Course: 9.75 km
10 km Lauf

Rank in course/Total: 27 (of 150)

Rank in course/Men: 26 (of 128)

Best time in course: 32:24

Category:

Rank in category: 3(of 24)

Männer M35

Best time in the category: 37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:19	4:05	5	2:10	29	3:06	3.25	13:19	4:05	23			26	3:06
Lap 2	3.25	14:07	4:20	3	1:07	24	2:55	6.50	27:26	4:13	22			26	6:01
Last lap Finish	3.25	13:57	4:17	4	2:20	23	2:58	9.75	41:23	4:14	4	18:37		27	18:37