



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Storch, Thomas

Club: Hirschbach

Number: 256

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 43:01

Speed: 13.60 km/h

Running performance: 4:25 min/km

Rank in course/Total: 34 (of 150)

Rank in course/Men: 33 (of 128)

Best time in course: 32:24

Rank in category: 6(of 24)

Best time in the category: 37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:27	4:08	7	2:18	32	3:14	3.25	13:27	4:08	20			33	3:14
Lap 2	3.25	14:29	4:27	5	1:29	31	3:17	6.50	27:56	4:17	19			33	6:31
Last lap Finish	3.25	15:05	4:38	8	3:28	42	4:06	9.75	43:01	4:24	7	20:15		35	20:15