



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Tümmler, Michael

Club: Sportfreunde Thüringer Wald

Number: 214

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 36:39

Speed: 14.73 km/h

Running performance: 3:46 min/km

Rank in course/Total: 4 (of 150)

Rank in course/Men: 4 (of 128)

Best time in course: 32:24

Rank in category: 3(of 16)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	11:44	3:36	4	1:31	7	1:31	3.25	11:44	3:36	3	1:31	4	1:31
Lap 2	3.25	12:36	3:52	3	1:24	4	1:24	6.50	24:20	3:44	3	2:55	4	2:55
Last lap Finish	3.25	12:19	3:47	3	1:20	6	1:20	9.75	36:39	3:45	3	4:15	5	13:53