



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Fink, Roland

Club: Reitverein Barchfeld

Number: 260

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 43:56

Speed: 12.29 km/h

Running performance: 4:31 min/km

Rank in course/Total: 40 (of 150)

Rank in course/Men: 39 (of 128)

Best time in course: 32:24

Rank in category: 3(of 15)

Best time in the category: 34:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:28	4:27	5	3:19	57	4:15	3.25	14:28	4:27	3	3:19	39	4:15
Lap 2	3.25	14:30	4:27	3	2:56	32	3:18	6.50	28:58	4:27	3	6:15	39	7:33
Last lap Finish	3.25	14:58	4:36	3	3:34	39	3:59	9.75	43:56	4:30	4	9:49	41	21:10