



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Bunte, Karsten

Club: Wolfsburg

Number: 239

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 45:17

Speed: 12.92 km/h

Running performance: 4:38 min/km

Rank in course/Total: 52 (of 150)

Rank in course/Men: 50 (of 128)

Best time in course: 32:24

Rank in category: 10(of 24)

Best time in the category: 37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	14:25	4:26	12	3:16	55	4:12	3.25	14:25	4:26	16			50	4:12
Lap 2	3.25	15:23	4:44	10	2:23	46	4:11	6.50	29:48	4:35	15			50	8:23
Last lap Finish	3.25	15:29	4:45	10	3:52	50	4:30	9.75	45:17	4:38	11	22:31		51	22:31